

2009 Cycle Fitness Summer Training Series

Presented by: Cycle Fitness Cycling Club

Location: Francis J Clark Industrial Park, Bethel Connecticut

Dates: Each Wednesday from April 29 – Sept 2

Cost: \$18 per week, \$10 for a 1 day license

Buy 10 races for \$150

All USCF Rules apply

\$2000 Cash in the A's Overall.

Only your best 10 placings count towards overall.

Sept 2 race does not count towards overall.

Kids Race is free entry

No sleeveless Jerseys

Helmets must be worn at all times, including during warm up and traveling venue.

Please use porta-jon only (public urination is a crime)

A Race - Categories 1, 2, 3,4

B Race – Categories 4, 5, 3(45+) (women 35+)

Kids A – ages 13 and Under

Kids B – ages 11 and Under

13-May		A	B		
20-May		B	A		
27-May		A	B		
3-Jun		B	A		
10-Jun	A		Kids B	Kids A	B
17-Jun	B		Kids B	Kids A	A
24-Jun	A		Kids B	Kids A	B
1-Jul	B		Kids B	Kids A	A
8-Jul	A		Kids B	Kids A	B
15-Jul	B		Kids B	Kids A	A
22-Jul	A		Kids B	Kids A	B
29-Jul	B		Kids B	Kids A	A
5-Aug	A		Kids B	Kids A	B
12-Aug	B		Kids B	Kids A	A
19-Aug		A	B		
26-Aug		B	A		
2-Sep		A	B		

Fill out standard entry form.

Download from http://www.usacycling.org/forms/rider_release.pdf

send checks to

Cycle Fitness

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